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ACCA

ATHENS COMMUNITY COUNCIL ON AGING

Live well. Age well.



3rd Annual March For Meals 5K

Saturday, March 9, 2013 – 9 a.m.

Athens Community Council On Aging

135 Hoyt Street, Athens, GA 30601

The Athens Community Council on Aging is partnering with the national March For Meals campaign by pledging to end senior hunger by 2020. Please join us for the 5K Run/Walk to help end senior hunger in Athens and to support wonderful programs such as ACCA's Meals on Wheels!

Proceeds: The proceeds from the race will go towards the Meals on Wheels program, which provides more than 300 healthy meals to area citizens a day.

Fees: \$20.00 by 3/01/13, \$25.00 afterwards to race day, includes a commemorative short sleeved T-shirt. There is a no t-shirt option of \$15.00 by 3/01/13, \$20.00 afterwards to race day. Registration will be available on day of race. Checks should be made payable to ACCA. On-line registration is available at www.active.com.

Awards: Overall Male/Female, Masters Male/Female, and top three Male/Female winners in age groups starting at 10 and under through 75 and over. Complete results will be available online within 24 hours at www.classicraceservices.com, www.runningintheusa.com and www.coolrunning.com.

Directions: Start and finish will be at the Athens Community Council On Aging, 135 Hoyt Street, Athens, GA 30601.

Questions: Contact Carole Black at classicraceservices@gmail.com, or (706) 680-7223.

Fill out and mail entry to:

March For Meals 5K
Classic Race Services
1860 Barnett Shoals Road
Suite 103-498
Athens, GA 30605
Make checks payable ACCA



Work Hard. Play Harder.

www.runningintheusa.com



NAME: _____ AGE: _____ DOB: _____

ADDRESS: _____ Male Female

CITY: _____ ST: _____ ZIP: _____

EMAIL ADDRESS: _____

SHIRT SIZE: S M L XL XXL

WAIVER: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors, hosts, or any person associated with the 3rd Annual March For Meals 5K. I understand that running in a race is strenuous and I am in proper physical condition to participate in this event. I also give permission for use of my name and photograph to be used in any media or other account of this event.

Signature: _____

(Under 18, parent or guardian signature)

Date: _____

