



## Center for Active Living (CAL) Student Internship

### About ACCA

The Athens Community Council on Aging has, throughout its history, coordinated a wide variety of programs and services for older adults and adults with disabilities in Northeast Georgia. ACCA's history of successful program administration and innovative service delivery has made it one of the leading agencies of its type in the Southeast.

### About CAL

The Center for Active Living (CAL) is a multi-purpose center offering a variety of social, educational, and wellness programs for adults in Athens and the surrounding area. We offer two concurrent programs for adults age 50+. The CAL program offers a full schedule of weekly fitness classes, an open gym, educational seminars and trips. The CAL Plus Program includes a full morning of activities plus lunch, door to door transportation for those unable to drive and light case management.

### Internship Objectives

The objective of this internship is to provide the student with practical knowledge that supplements his/her coursework and provides experience working with the diverse population served by ACCA. The student will gain a greater knowledge of addressing community needs, developing and implementing wellness programs, and evaluation program effectiveness.

### Requirements

This internship requires:

- Current enrollment in a relevant degree program at an accredited college or university.
- Completion of all ACCA paperwork and training, including clearing a background check.
- Strong interpersonal and communication skills.
- Working knowledge of Microsoft Word and Excel.
- The ability to work with a wide variety of individuals of various backgrounds and abilities.

### Responsibilities

The responsibilities of the Intern may include, but are not limited to:

- Develop and implement wellness programming; coordinate and lead group activities.
- Assist CAL staff with daily operations such as data entry, client check-in and lunch service.
- Create marketing material for programs (i.e. flyers)
- Assist with Senior Hunger initiatives
- Act as an advocate for clients as needed
- Assist Wellness Coordinator with CAL member retention, marketing and communications.
- Tracking and reporting hours for ACCA and course requirements

### Time Commitment

This is a semester-long internship opportunity. ACCA and your assigned program will work with you to establish a schedule that ensures you fulfill your course requirements.