



Center for Active Living, Health & Wellness Internship

About ACCA

The Athens Community Council on Aging has, throughout its history, coordinated a wide variety of programs and services for older adults and adults with disabilities in Northeast Georgia. ACCA's history of successful program administration and innovative service delivery has made it one of the leading agencies of its type in the Southeast.

About CAL

The Center for Active Living (CAL) is a multi-purpose center dedicated to offering a variety of social, educational, and wellness programs for adults in Athens and the surrounding area. The CAL program offers a full schedule of weekly fitness classes, an open gym, educational seminars and monthly outings.

Internship Objectives

The objective of this internship is to provide the student with practical knowledge about the operations of a community based organization. The internship will supplement his/her coursework and provide experience working with the diverse population served by ACCA. The student will gain a greater knowledge of addressing community needs, developing and implementing wellness programs, and evaluation program effectiveness.

Requirements

This internship requires:

- Current enrollment in a relevant degree program such as Gerontology, Business Administration, Human Services, or Public Administration at an accredited college or university
- Completion of all ACCA paperwork and training, including clearing a background check
- Strong interpersonal and communication skills
- Working knowledge of Microsoft Word and Excel
- The ability to work with a wide variety of individuals of various backgrounds and abilities

Responsibilities

The responsibilities of the Intern include, but are not limited to:

- Develop and implement wellness programming; Lead group activities, as needed
- Assist CAL staff with data entry, and member communication
- Create marketing material for programs (i.e. flyers)
- Act as an advocate for clients as needed
- Assist Wellness Coordinator with CAL member retention
- Provide assistance to members, as needed
- Tracking and reporting hours for ACCA and course requirements

Time Commitment

This is a semester long internship opportunity. ACCA and your assigned program will work with you to establish a schedule that ensures you fulfill your course requirements.