



Adult Day Health Student Internship

About ACCA

Serving northeast and east Georgia, Athens Community Council on Aging (ACCA) is the nonprofit providing a comprehensive resource of expertise and opportunities for adults and families who need and desire the essentials to age and live well. We do this by offering programs and services that address basic needs, such as food and transportation, and personal fulfillment gained through building relationships, expanding knowledge, and making meaningful contributions to the community. With more than 50 years of experience, ACCA helps people navigate – and celebrate – life’s second half, positively impacting their health and well-being, and making their communities an even better place to live.

About ADH

ACCA’s Adult Day Health (ADH) Programs provide quality supportive services for adults with functional impairments in a safe and secure environment. ADH is designed for individuals who do not require 24-hour institutional care, but are not capable of full-time independent living due to a physical or mental disability. ADH’s respite program helps alleviate both the physical and emotional stress felt by many family members who care for a loved one on a day-to-day basis. Our program allows the caregiver opportunities to run errands, visit with family and friends or just rest at home.

ACCA operates both the Bentley Center in Athens and Winder Adult Day Health in Barrow County.

Internship Objectives

The objective of this internship for the student to gain practical knowledge that supplements their coursework and provides experience working with the diverse population served by ACCA. The student will gain a greater knowledge of assessing client needs, and developing therapeutic activities.

Requirements

This internship requires:

- Current enrollment in a relevant degree program at an accredited college or university
- Completion of all ACCA paperwork and training, including clearing a background check
- Strong interpersonal and communication skills
- Working knowledge of Microsoft Word and Excel
- The ability to work with a wide variety of individuals of various backgrounds and abilities

Responsibilities

The responsibilities of the Intern include, but are not limited to:

- Develop and implement therapeutic activities
- Lead group activities, as needed
- Assist staff with the development of monthly activity calendar
- Assist with Caregiver Support Group, Senior Hunger initiatives, and Meals on Wheels routes as needed
- Assist with ACCA Donor recognition programs
- Tracking and reporting hours for ACCA and course requirements

Time Commitment

This is a semester long internship opportunity. Program staff will work with you to establish a schedule that ensures you fulfill your course requirements within the designated timeframe.