



Center for Active Living Student Internship

About ACCA

Serving northeast and east Georgia, Athens Community Council on Aging (ACCA) is the nonprofit providing a comprehensive resource of expertise and opportunities for adults and families who need and desire the essentials to age and live well. We do this by offering programs and services that address basic needs, such as food and transportation, and personal fulfillment gained through building relationships, expanding knowledge, and making meaningful contributions to the community. With more than 50 years of experience, ACCA helps people navigate – and celebrate – life’s second half, positively impacting their health and well-being, and making their communities an even better place to live.

About CAL

The Center for Active Living (CAL) is a multi-purpose center offering a variety of social, educational, and wellness programs for adults in Athens and the surrounding area. We offer two concurrent programs for adults age 50+. The CAL program offers a full schedule of weekly fitness classes, an open gym, educational seminars and trips. The CAL Plus Program includes a full morning of activities plus lunch, door to door transportation for those unable to drive and light case management.

Internship Objectives

The objective of this internship is for the student to gain practical knowledge that supplements their coursework and provides experience working with the diverse population served by ACCA. The student will gain a greater knowledge of addressing community needs, developing and implementing wellness programs, and evaluation program effectiveness.

Requirements

This internship requires:

- Current enrollment in a relevant degree program at an accredited college or university.
- Completion of all ACCA paperwork and training, including clearing a background check.
- Strong interpersonal and communication skills.
- Working knowledge of Microsoft Word and Excel.
- The ability to work with a wide variety of individuals of various backgrounds and abilities.

Responsibilities

The responsibilities of the Intern may include, but are not limited to:

- Develop and implement wellness programming; coordinate and lead group activities.
- Assist CAL staff with daily operations such as data entry, client check-in and lunch service.
- Create marketing material for programs (i.e. flyers)
- Assist with Senior Hunger initiatives
- Act as an advocate for clients as needed
- Assist Wellness Coordinator with CAL member retention, marketing and communications.
- Assist with ACCA Donor recognition programs
- Tracking and reporting hours for ACCA and course requirements

Time Commitment

This is a semester long internship opportunity. Program staff will work with you to establish a schedule that ensures you fulfill your course requirements within the designated timeframe.