



Meals on Wheels Student Internship

About ACCA

Serving northeast and east Georgia, Athens Community Council on Aging (ACCA) is the nonprofit providing a comprehensive resource of expertise and opportunities for adults and families who need and desire the essentials to age and live well. We do this by offering programs and services that address basic needs, such as food and transportation, and personal fulfillment gained through building relationships, expanding knowledge, and making meaningful contributions to the community. With more than 50 years of experience, ACCA helps people navigate – and celebrate – life’s second half, positively impacting their health and well-being, and making their communities an even better place to live.

About Meals on Wheels

The Meals on Wheels program helps foster independent living and prevents premature or unnecessary institutionalization of disabled and older adults. All the meals delivered are designed to provide one-third of an adult’s daily nutritional requirements and are suitable for diabetic diets. Menus are developed by a Registered Dietitian and prepared according to the nutritional needs of older adults.

Internship Objectives

The objective of this internship is for the student to gain practical knowledge that supplements their coursework and provides experience working with the diverse population served by ACCA. The student will gain a greater knowledge of assessing community needs, evaluating the effectiveness of programming through data analysis, and developing wellness programs.

Requirements

This internship requires:

- Current enrollment in a degree program at an accredited college or university
- Completion of all ACCA paperwork and training, including clearing a background check
- Strong interpersonal and communication skills
- Working knowledge of Microsoft Word and Excel
- The ability to work with a wide variety of individuals of various backgrounds and abilities

Responsibilities

The responsibilities of the Intern include, but are not limited to:

- Conduct client and volunteer satisfaction surveys
- Conduct client reassessments, and assist with new client assessments
- Assist with monthly, quarterly and annual program reporting
- Assist with record management and compliance
- Complete meal routes, as needed
- Assist with Senior Hunger initiatives
- Track and report hours for ACCA and course requirements

Time Commitment

This is a semester long internship opportunity. Program staff will work with you to establish a schedule that ensures you fulfill your course requirements within the designated timeframe.